# THE FOURTH DAY

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### Cursillo Weekend #109

It happened! It finally, wonderfully happened. Weekend #109 held March 3-6 is now behind us, and Oh! what a weekend it was! Thirteen pilgrims made the journey to Camp Walter Johnson in Denton to make their Cursillo weekend dream a reality. Tables of St. Paul, St. Anne, and St. Teresa of Calcutta drank in the talks and the fun and the Holy Spirit was certainly there among them. Such joy to gather in person, share the Eucharist, make joyful noise in song, and break bread together. Weekend Leader Toni Routt and Spiritual Advisors Rev. Candy Snively, Rev. Sarah Morris, and Rev. Stephen Becker and Chapel Leader Rev. Pamela Haynes spearheaded the team of 21 through the three days of talks, discussion, fun, food, and fellowship. And Bishop Sam Rodman made the *clausura* extra special.

#### What is Secretariat?

Google shows a picture of a beautiful thoroughbred racehorse, the ninth winner of the Triple Crown and holder still of the fastest time record in all three races.

But that's not what Secretariat is about in North Carolina Episcopal Cursillo. Wikipedia defines Secretariat office as the department of an organization that fulfils its central administrative or general secretary duties.

Who makes up our Cursillo Secretariat? How are these people qualified to administer Cursillo in the Diocese of North Carolina? Well, let's start with a familiar phrase: "All Are Welcome!" Any Cursillistas (persons who have completed a Cursillo weekend) are invited to drop by for a visit or join Secretariat as a member. Specifically, those who have "dropped by" and have stayed awhile on our current Secretariat are: Barb Magee and Jan Millar, Coleaders; Rev. Candy Snively and Rev. Frances Cox, Spiritual Advisors; Dave Moon, Treasurer; Cameron Cooke, Tom Hamm, Gaynell Jennings, Ann Lockhart, Robert Selby, David Stokes, Patrick Sullivan and Frank Torrey.

Monthly meetings have been virtual (by Zoom) the past two years. Prior to the pandemic, the Secretariat met at All Saints' Episcopal Church in Greensboro in odd months and by conference call in even months.

The focus of the past several month's meetings has been planning Cursillo #109, a tremendous success for our thirteen newest Cursillistas, and the entire weekend team.

Consider another familiar phrase regarding your participation in Secretariat: "All may, Some should, None must." If you feel called to come and see, Secretariat meets on the second Tuesday of each month at 8:00 PM.

For Meeting Schedule, send an email inquiry to <u>NorthCarolinaCursillo@gmail.com</u>.



#### **DeColores!**

# Grand Ultreya

Grand Ultreya was held *IN PERSON* on Saturday, March 19 at All Saints Episcopal Church of Greensboro. About 40 Cursillistas were in attendance, including all three spiritual advisors from weekend #109, and eight of the pilgrims from the weekend. Witness talks were given by some of our newest Cursillistas: Randy Brantley, Anand Cerillo-Sharma, and Pat English as they reflected on their experiences during their weekend and actions afterward.



#### Next Ultreya

Next ULTREYA will be Sunday, May 15, 2022 5:00pm until 7:15pm on Zoom. Click <u>HERE</u> to join Ultreya on Zoom. Meeting ID: 851 6785 1716 Passcode: 548235

Agenda: 5:00 Welcome & Introductions 5:20 Opening Prayer for the Holy Spirit 5:30 Breakout Reunion Groups 6:15 (Break) 6:25 Witness Talk 6:45 Clergy Response 6:55 Music Postlude 7:00 Closing Prayer



### What Is Ultreya?

"Ultreya" is a Spanish word, derived from the original Latin. It means, ONWARD! Ultreya was in common use by pilgrims on retreat to greet and encourage one another in making a pilgrimage to a shrine or a holy place in the hope of a spiritual experience. Ultreya is now used by the Cursillo community to signify the meeting which is held after a Cursillo weekend experience.

The Ultreya gathers groups from a particular region and provides community by contributing to the maintenance of the Cursillo spirit and by revealing the reality of the living church. In the climate of friendship, members share their life experiences based on the three tenants of Cursillo life: piety, study, and action.

The sharing can be contemplative in nature or may deal with evangelistic, real-life experiences. We use those experiences to serve as examples to all of us of the challenge which Jesus lays before his followers: "go and do likewise." As the name implies the Ultreya is a call to move forward and to keep the flame of the Cursillo burning brightly.

My name is Patrick Sullivan. I made my pilgrimage of study at NC Cursillo #107 at All Saints in Concord where I sat at the table of St. Benedict. I have had the pleasure of serving on two Cursillo teams, #108 and most recently #109.

After serving on team for #108, I was given the responsibility of organizing and facilitating the Grand Ultreya in 2019. I was also asked to facilitate the Ultreya which was held at St. Matthews in Kernersville every quarter beginning in the fall of 2019 and leading into 2020.

At the time Ultreya was a small and quiet affair. We met at St. Matthews, shared a meal of Kentucky fried chicken, listen to our witness talks, and were inspired by the clergy response given by Mother Frances Cox. The last face-toface Ultreya at St. Matthews occurred in January 2020.

Because of the initial shock of the lockdown, we did not have Ultreya in March 2020. But by June we were exploring using Zoom for Ultreya. Our first Zoom Ultreya began in June 2020 and has continued every quarter since.

(Excerpt from an article "Our Past and Our Future" by Patrick Sullivan)

#### **Group Reunion**

Our Cursillo Reunion Group met at St. Clement's Fellowship Hall on Saturday mornings at 8:00 when I began attending. Typical attendance would about five men, sometimes fewer, sometimes a couple more.

Group discussions called for us to offer personal testimony regarding "Piety. Study, and Action." Last to arrive went first! We rotated discussion through the Group – first Piety, then Study, and then Action - always starting and ending with "The Prayer to The Holy Spirit."

When our priest needed a group to put on a dinner, plan a church yard clean-up day, or other support, we were the ones to receive the first call. We are always glad to assist our priest or Vestry in our modest parish. The fellowship and development of "Community" through such projects, on multiple levels, is unmistakable, and priceless.

Eventually, I attended NC Cursillo Weekend #100 and sat at St. Peter's table. That Cursillo weekend crystallized many haunting questions, and led me to join the Secretariat, start a Cursillo Newsletter, and ultimately engage in more than five years of EfM (Education for Ministry).

My observation was that "Reunion Groups" are key to nurturing the health of a parish and the group members through the building of "Community" – the weekly sharing of Piety, Study, and Action, and working together on projects to support our parish family.

When the pandemic hit in the Spring of 2020, I offered to facilitate our Saturday morning Reunion Group sessions on Zoom. Almost all Saturday morning attendees offered that they preferred Zoom, as they could easily get to their computer and join us at 8:00 a.m. This week we had 13 attendees, representing five parishes, two of which are in a "reorganizing and rebuilding phase."

My belief is that our "Zoom Reunion Group format" - can and will serve as a "Reunion Group Incubator" – for inviting Cursillistas who are not part of a Reunion Group, those who have not yet attended a Cursillo Weekend, those who are interested in learning about Cursillo, and those who have just made their Weekend but haven't yet formed a Reunion Group. Zoom is very accommodating when we are out of town and have access to Wi-Fi, we can still meet. We are a Saturday morning Men's Reunion Group, but this structure is applies to any Reunion Group, meeting any time of day and week.

(Excerpt from an article "Our—and Your—Reunion Group" by Sid Chadwick.)

# Piety, Study, and Action

The Cursillo Tripod is symbolized by a "STOOL" that consists of three legs. All three legs are needed to ensure the "STOOL" is solid and functional. For us, the Cursillo Tripod represents the three legs of our Spiritual Foundation; which are PIETY, STUDY and ACTION.

PIETY is the outward expression of a person's Faith. Developing our Piety goes "hand in hand" with developing a rock solid relationship with Christ.

STUDY is the pursuit of Meaning. Study allows us to learn more about our faith, ourselves and helps us to grow to become true Christians.

ACTION is the application of our Piety and Study. Action translates into our opportunity to live out Piety and Study and ultimately gives us the chance to "Make a Friend ", "Be a Friend" and "Bring a Friend to Christ". This is how we help build the "Body of Christ" in our families, neighborhoods, Churches and places of work.



# Upcoming

- Secretariat Tuesday, April 12, 8:00pm (Zoom)
- Ultreya Sunday, May 15, 5pm (<u>Zoom</u>)
- Weekend #110 ... coming soon!
- Newsletter Summer 2022 (submissions welcome any time <u>annlockhart1@gmail.com</u>)

# Weekend #110

A lot of energy and excitement abounds as a result of a very momentous weekend #109 this month. We are trying to plan and schedule the next weekend as soon as possible, praying for before the end of 2022.

Would you like serve on team for #110? Contact Barb Magee, weekend leader, as planning will begin soon. There will be lots to do from the ground up and the top down. Every type of team member is needed and welcomed, from musicians to shepherds, table leaders to dining facilitators. The more the merrier!

Drop Barb a line at <u>barbmagee311@gmail.com</u> Link to forms: <u>nccursillo.org/forms.php</u>



#### How to Support Cursillo

- Sponsor a pilgrim for an upcoming weekend! <u>nccursillo.org/forms.php</u>
- Serve on #110 team! Contact Barb Magee <u>barbmagee311@gmail.com</u>
- Give a witness talk! Contact Pat Sullivan <u>macgregor2@windstream.net</u>
- Provide palanca for an upcoming weekend (there's one next month in the Eastern Diocese) <u>Cursillodec.org/pilgrims-team</u>
- Contribute! <u>nccursillo.org/getinvolved.php</u>
- Submit an article for The Fourth Day Newsletter <u>annlockhart1@gmail.com</u>



# Prayer for the People of Ukraine

Loving God,

We pray for the people of Ukraine, for all those suffering or afraid, that you will be close to them and protect them.

We pray compassion, strength and wisdom to guide their choices.

We pray for the world that in this moment of crisis, we may reach out in solidarity to our brothers and sisters in need.

May we walk in your ways so that peace and justice become a reality for the people of Ukraine and for all for world leaders, for the world.

Amen.

You may contribute to relief efforts in Ukraine through Episcopal Relief and Development: <u>Episcopal Relief and Development—Ukraine Cri-</u> sis Response Fund

