

THE FOURTH DAY



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GROWING
CHRIST-CENTERED
LEADERS

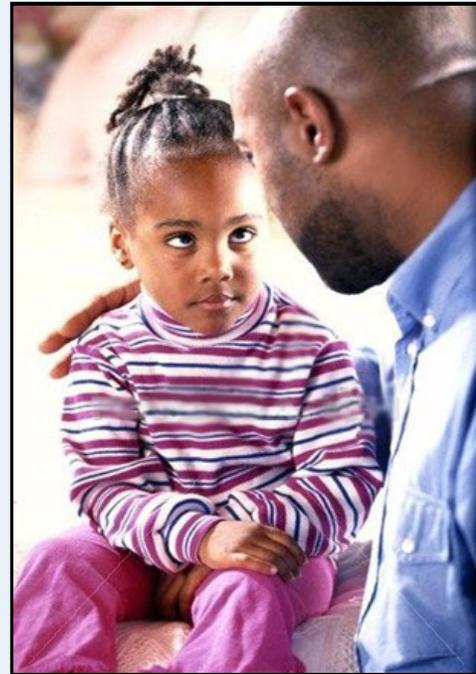
NC Episcopal Cursillo
P.O. Box 221145
Charlotte, NC 28222
www.nccursillo.org

How Will My Actions Preach The Gospel?

Raising kids isn't for sissies. Do you ever get done with it? I have a 27 year-old daughter and an 18-year old son and I think my parenting is harder now that it ever was back in the days of dirty diapers, PTA meetings and soccer games.

My daughter interviewed for a job not too long ago. The would-be employer was apparently "old-school" and asked her a lot of questions about her family and her upbringing. I bet his HR director would have had a heart attack had he/she known, but I thought it was interesting.

One of the questions the interviewer asked my daughter was: "What's the most important lesson you have learned from your parents." She told him that her dad taught her that nothing is more important than your integrity – that sometimes that's all you have between you and the bad stuff.



You know, you never know what's going to stick when you're lecturing to your kids when they're growing up. Don't drink and drive. Use your sunscreen. Don't forget to floss. Say thank you. You just never know if any of those pearls of wisdom you meted out fell on the fertile ground or the rocky path. But I guess that one really did stick.

It's an old fashioned idea. Protect your integrity. Stand for something. Be someone people can trust, whose word is their bond. In these days of negative political ads and half-truth rhetoric, maybe we should just speak truth and let the rest fall with the chafe. It won't always be popular, but you'll be surprised what might "stick."

Submitted by Walt Joyce, Cursillo #100, St. Clement's Episcopal, Clemmons, NC, Saturday Morning Men's Reunion Group

The National Episcopal Committee

The core values at the center of the National Episcopal Cursillo (NEC), are: God is in charge; Christ is our leader; and the Holy Spirit is our empowerment. We also recognize that the NEC functions under the authority of the Presiding Bishop and a legal agreement with the National Roman Catholic Cursillo. **(Continued on Page 2)**

The National Episcopal Committee **(Continued from Page 1)**

The National Episcopal Cursillo Committee (NECC) determined that the purpose of the NEC is to live out the 4th Day, foster 4th Day activities, identify leaders, teach the Cursillo method, and offer Authentic Three Day Weekends. Therefore, the NECC's focus is on helping dioceses carry out the work of the NEC raising up and empowering Christ centered leaders and to evangelize communities. To help accomplish this, the NEC reorganized and developed five active subcommittees: the Executive Committee; Cursillo Leaders Development (CLD); Publications (Pub-Sub); Communications and the Annual Conference Committee. In addition there are three servant communities: Episcopal Cursillo Leadership Workshop (ECLW); Consultant Servant Community, and Finance Servant Community.

The Mission

The Mission of the NECC is: To serve Christ and the Episcopal Church by being stewards of the Cursillo Movement.

Authority

Members of the NECC have no special authority. According to the By-Laws of the NEC, the General Council has legislative authority. Therefore, the NECC is not empowered to make policy statements on behalf of the NEC; however, it does develop and present policy recommendations to the General Council. The NECC speaks to the matters of the Cursillo Movement as expressed by the founders in The Fundamental Ideas of the Cursillo Movement and The Leaders Manual. The Bishop of each Diocese is the authority for the Movement within his or her Diocese. The NEC works within the Episcopal Church under a pastoral plan approved by the Presiding Bishop.



Membership

The NECC is composed of 15 elected members (5 lay women, 5 lay men, 5 clergy), the President, and a bishop assigned by the Presiding Bishop who serves as a liaison between the Committee and the House of Bishops. (If he or she is not an elected member, the Treasurer will have seat and voice without vote at all meetings.)

Subcommittees

In addition to plenary actions, the NECC operates in four subcommittees: Cursillo Leaders' Development, Publication, Communications, and Executive. Each subcommittee is made up of 3-4 members and is headed by a Chair appointed by the President.

Cursillo Leaders Development Subcommittee

The CLD Subcommittee is responsible for:

- Being cognizant of the health of the Cursillo Movement in the various Dioceses;
- Developing new workshops;
- Updating/maintaining existing NECC Workshops.

Being cognizant will allow the CLD to be knowledgeable about the needs of various movements and to develop or share resources to address those needs. The workshops are used to train leaders, to enhance leadership skills of Cursillistas in the Movement, and to convey information about the Cursillo Movement.

The Workshops include:

- Episcopal Cursillo Leaders' Workshop (ECLW) clarifies the purpose and method of the Cursillo Movement, especially the Post-Cursillo. Lay and Clergy leaders obtain a clearer understanding of their roles and of the methods they have at their disposal to make the Cursillo Movement an effective instrument of bringing others to Christ.

(Continued from Page 3)

The National Episcopal Committee **(Continued from Page 2)**

- Bishop and Clergy Workshops help to demonstrate that Cursillo is a Movement of the Church that can empower the church to fulfill its apostolic mission. They clearly emphasize the vital role that Bishops and Clergy play in all phases of Cursillo. They encourage straightforward questions and honest answers concerning Cursillo. The Cursillo Movement is considered to be one of the most potent methods available to Bishops and Clergy for spiritual formation and motivation of laity to apostolic action in the church today.

Publication

The Publication Subcommittee exists to:

- Identify and recommend appropriate means and channels of enhancing communication between or among existing and/or proposed Cursillo movements.
- Assist and support the NEC Office Administrator in the performance of her duties.
- Develop, write and publish NEC materials that are intended to educate, evaluate and stabilize the movement.
- Promote effective utilization of The Library.
- Recommend policies related to sales and distribution of National Episcopal Cursillo materials.

Communications Subcommittee

The Communications Subcommittee exists to:

- Oversee editing, publishing and promotion of NEC 4th Day magazine.
- Develop, administer, update and revise NECC web site.
- Develop, administer and revise marketing plans for NEC including NEC logo items.

Executive Committee

- The Executive Committee is composed of the President, Vice-President, Secretary and President-Elect. The Bishop Liaison, Office Administrator and Treasurer may meet with this committee and have voice.
- The Executive Committee establishes meeting dates and locations and recommends policy that is to be submitted to the NEC for approval.
- The Executive Committee oversees the Servant Communities.
- The Executive Committee develops the annual budget for the NECC and coordinates with the Finance Servant Community for audits and policy revisions.
- The Executive Committee shall endeavor to raise funds for the furtherance of the mission of Cursillo.
- Between meetings of the NECC, the Executive Committee, upon being canvassed either in person, by e-mail, by letter or telephone by the President or the President's appointee, shall make such interim decisions with regard to the business of the NECC as may be necessary in situations of urgency or emergency; such decisions are to be reviewed by and subject to the subsequent approval of the NECC at the next committee meeting.

*Submitted by Calvin E. Hefner, TSSF, Lay Director Diocese of NC Episcopal Cursillo Secretariat
South East District Layman Representative to the NECC
Serving on the CLD sub committee
Annual Conference Chair (2012 & 2013)*

Five Minutes In The Kingdom Of God

A few months back we heard a sermon in which our Rector indicated she felt the Kingdom of God may be more a state of being than a physical location. I too, share this understanding of the Kingdom of God and contemplate it often.

Several weeks ago, late on a Friday afternoon, I was on my way home for the day. I was coming from the gas pump at the Highway Patrol office on Silas Creek Parkway where I had just topped off my vehicle for the weekend. **(Continued on Page 4)**

Five Minutes In The Kingdom Of God (Continued from Page 3)

As I pulled to the stop bar at the intersection of Silas Creek Parkway and Miller Street and stopped for the traffic light, I notice there was a small car to my left stopped in the through lane on Miller with a school bus stopped behind it. At first I didn't pay this much attention, I just sat there half listening to the radio reporter rattle on about new developments in the Syrian conflict, when I heard the sound of a car horn blowing through the chatter on the radio. I scanned the intersection to see if I could determine from which vehicle it was coming. After two or three impatient blasts I was satisfied it was coming from the school bus. This seemed kind of odd; not normal behavior for a school bus driver. As I tried to understand why this bus driver was blowing the horn, it dawned on me that the car and the bus had a green light for their direction, but the little car would not move into the intersection. Well, the light cycled through and eventually I got my green left turn arrow. As I turned onto Miller Street, I noticed a middle aged lady leaning out of the window of her car, appearing in some distress, and shouting for me to stop. Needless to say, this was not the first time I had been flagged down by a motorist in my twenty-four years, but I was in a very bad position to stop my vehicle. So, I traveled down to the entrance to Forsyth Tech and pulled into the parking lot. As I looked in my rearview mirror I could see the lady in the small car was now making a U-turn in front of the school bus and was in hot pursuit of me. I stopped, got out of my vehicle, and waited.

As the little silver car came to a stop in the parking lot behind me, a thin small framed woman sprang from the car in tears and immediately came toward me. I could see she was holding a scrap of paper in her hands and pointing to its words as she exclaimed in anguish: "Please, please you have to help us we've been driving around for two hours trying to find this place and I don't know what to do". She handed me the scrap of paper. I took it from her and read it: "Comp Rehab 131 Miller St. Winston-Salem". As I read the paper a second woman, obviously older than the first, emerged from the car talking on a cell phone. She too was distraught and when I looked toward her she held the cell phone out to me and said: "Please speak with her she is trying to give us directions". I took the phone and identified myself. A woman's voice on the other end said; "Hello sir, these ladies are really in a panic, I've been trying to guide them to us for the last two hours". I then ask; "where are you located? They have a Miller Street address, but what's that near?" She said: "We are over behind the Walgreen's just across Cloverdale on Miller." I told her: "We'll be there in five minutes". I ended the call and told the ladies to follow me I would lead them to their destination. I didn't want to give them anymore directions in their present conditions. They thanked me many times and we pulled back onto Miller Street and headed north.



When we arrived at the rehabilitation center where the elder lady had a scheduled appointment I stopped my vehicle and waited for them to find parking. As soon as the little car stopped the two again bailed out of their vehicle and came toward me in tears. I stepped out onto the parking lot to meet them and the two immediately hugged me and told me repeatedly how grateful they were for my help. I assured them they were very welcome and slowly pulled away.

As I exited the parking lot and turned south on Miller Street to head home, a profound realization came over me; this had been five minutes in the Kingdom of God. I began to analyze the short encounter. During this encounter there was only mutual respect, sincere gratitude and love exchanged; someone needed help and someone was able to help. There was no agenda for either party, no ulterior motive for any action, just a mutual regard for one another. This is what I understand the Kingdom of God to be. In the course of our lives these types of encounters happen many times and it is easy to overlook them. As I get older I find myself making a conscious effort to look for them and to savor them when they come. They are gifts of real substance and worth, and they allow us to live in God's Kingdom that is already here.

The kingdom of God may be any place or every place.

Submitted by Mark Davidson, St. Clement's Episcopal, Clemmons, NC, Saturday Men's Reunion Group

Be Alert: Someone's Always Watching ... And Listening

At a recent reunion group meeting on Saturday morning, one of my good friends shared a saying that he attributed to St. Francis. It went something like this: "Preach the Gospel daily, with WORDS if absolutely necessary."

We talk a lot in Cursillo about the "Fourth Day" . . . the rest of our lives. We search for ways to "live out our faith, "to let our light shine" in the world. We quote Scripture to the effect that "faith without works is dead." All of that is good stuff, but something about the rest of my life being a "preaching of the Gospel" took me aback.

It's one thing to think about ways to help others, to "be a good Christian", live the Golden Rule, love your neighbor and all that. But I don't think I'd ever thought about my life as one big sermon. Maybe I should have.

I learned a long time ago in the military that you lead by example. Most good parents learn this fairly early as well.

People watch what you do much closer than they listen to what you say. Even though we quote Jesus all the time to each other and discuss ad nauseam what he might have meant by some obscure comment or part of a parable, it is the actions of Christ that speak the loudest. His healing, his caring for the outliers, his love for all.

Maybe we should all wake up every morning with the same question on our brain: "How will my actions today **preach** the Gospel?" How we answer that question with our actions could change the world.

Walt Joyce, Cursillo #100, St. Clement's Episcopal, Clemmons, NC, Saturday Morning Men's Reunion Group



Kairos Torch — A Rewarding Ministry

God is at work assembling a team of servants for Kairos Torch #8 at C.A. Dillon Youth Development Center in Butner, NC. This will take place October 19 - 21, 2012. We would like to ask you to pray about joining us as a servant of God in this life-changing ministry.

Kairos Torch begins with a 2 ½ day Christian weekend retreat. Through unconditional love, acceptance and affirmation, young people (ages 10-17) experience what life can be like in a loving, caring and trusting community. The Kairos experience promotes a process of transformation in which youth can see themselves as God's creation, unique and special. With increased self-respect and new ways of thinking, incarcerated boys are more able to make positive choices for their lives. Torch activities are safe, fun, exciting and spiritually rewarding. It is a great ministry for couples as well as individuals.

More information on Kairos Torch can be found at:
http://www.kairosnc.org/html/kairos_torch.html.

The team training schedule is as follows...

- Team meeting #1 - Saturday, September 8, 2012, 9:00am - 4:00pm, Community UMC (Butner, NC)
- Team meeting #2 - Saturday, September 22, 9:00am - 4:00pm, Wake Forest UMC
- Team meeting #3 - Saturday, October 6, 9:00am - 4:00pm, Knightdale UMC
- Team meeting #4 - Saturday, October 13, 9:00am - 4:00pm, Community UMC (Butner, NC)

Kairos Torch #8 – October 19 - 21, C.A. Dillon Youth Development Center (Butner, NC)

You will find that we will place a serious and intentional focus on training. These team sessions will prepare you for this experience — both spiritually and in terms of your assigned position on the team. **(Continued on Page 6)**

The little things?

The little moments?

They aren't little.

Jon Kabat-Zinn

Kairos Torch — A Rewarding Ministry (Continued from Page 5)

Team members are very much encouraged to become a mentor. This is the most important part of the Kairos Torch ministry. The role of a mentor is to meet twice a month with their specifically chosen participant from the weekend. The mentor will model Christ's love for the youth by offering emotional and spiritual support, helping the mentee to develop life skills and self-esteem, and increasing their ability to interact with people from various socio-economic, cultural and racial backgrounds. Mentor training will be an important part of the team training process.

We ask you to prayerfully consider serving as a Kairos Torch team member. We need your time, we need your talent, we need your prayers. We are sure you will find it to be a great joy and blessing. Please do not hesitate to contact us with any questions.

Yours in Christ,
Ron Helms
919-412-5293 / dillontorch@gmail.com

Submitted by Jeanne deWard

**Being happy doesn't mean
everything is perfect.
It means you've decided to
see beyond the imperfection.**

George Ellis

Update From Your Editor

As an introduction, the *4th Day Newsletter* is intended to provide useful and hopefully inspirational information to the Cursillista and Episcopal community of this diocese — though information from our *4th Day Newsletter* is occasionally shared with permission on a broader scale, such as in other Cursillo diocesan newsletters, and in our own *The North Carolina Disciple*, edited by Sarah Herr (see Fall 2012, p. 28).

Content should be expected to include information about (a) scheduled local events, (b) updates on national Cursillo events, and (c) examples of how Cursillistas live-out their 4th Day faith.

We received three surveys back from the previous *4th Day Newsletter*. Comments were respectful, gracious, and instructive. Suggested changes you may expect in your *4th Day Newsletter's* immediate future include:

1. **We plan to have no more than two pieces from the same parish.** I've "mined" St. Clement's Men's Saturday Reunion Group for purposes of providing inspirational newsletter content — apparently to the point of it becoming a distraction, though follow-up discussion could find no objection to the content. Our Men's Saturday Reunion Group has an annual parish "All You Can Eat Shrimp Dinner" scheduled for September 29th, 5:30 – 7:30, and you should consider this a shameless invitation to enjoy one of the best meals and value you'll ever experience.
2. **A shorter newsletter.** Content wasn't a problem. Reading all that was contained in the newsletter did seem to be a problem. Certainly, a shorter newsletter takes less time, and is lower cost to produce, though cost has not been a driving, central theme. As editor, I have felt a diverse content was useful, and meaningful.
3. **Page format will be changed** to make electronic media reading easier. In other words, content will roll to the next page, and not further into the newsletter.
4. **If there's someone who would like to take over the editorial duties of this newsletter**, please come forward. My responsibilities are expected to change on the Secretariat, and a change in the editor would probably be good for this newsletter, and the Cursillista community.

Finally, this note hopefully finds you:

- A. Providing invitations — through your parish newsletter — and personally — to Cursillo Weekend #103, scheduled for November 15th-18th at Camp Walter Johnson.
- B. Asking if you are called to serve on the Secretariat. With our broadening and deepening the reach of Cursillo in our diocese, there are additional positions being created to be filled on the Secretariat.

James 2: 26 — "For as the body without the spirit is dead, so faith without works is dead also."

Respectfully,
Sid Chadwick

Cursillo/Newsletter Survey

The Secretariat is in need of your feedback and suggestions in this short questionnaire. Please take a few minutes to study, reflect-on, and answer these questions to the best of your awareness, and then "print-out and fax" it to my fax no., or email your responses to my email address. Results will be reported to the Secretariat, and in the next newsletter, which should be in about 60 days.

Thank you in advance for your feedback.

Sid Chadwick
Communications
Fax no. 336-945-6418
sidchadwickcc@gmail.com

1. Is there anything about the 4th Day Newsletter that you particularly LIKE?

(Please check one.) Yes No

If "Yes", please explain:

2. Is there anything about the 4th Day Newsletter you particularly DON'T LIKE?

(Please check one.) Yes No

If "Yes", please explain:

3. Is there anything about Cursillo, or the 4th Day Newsletter, you'd like to change?

(Please check one.) Yes No

If "Yes", please explain:

4. Do you have an interest in serving on the Secretariat or as a "Reporter" for your parish?

(Please check one.) Yes No

If "Yes", please explain your interest, and may we have your name and phone no. and email address to follow-up:

5. If there is anything else you'd like to tell us, we'd like to know, and would you please put your thoughts in the space below.

Thank you for taking the time to fill-out this survey.

 (Signature and/or Name)

Fax to: 336-945-6418, or email to sidchadwickcc@gmail.com

Episcopal Cursillo in the Diocese of North Carolina

www.nccursillo.org

P.O. Box 221145, Charlotte, NC 28222

PARTICIPANT APPLICATION

Applications would like to be received by October 19, 2012

November 15-18, 2012

Name (please print) _____ Nametag _____

Address _____

City _____ State _____ Zip _____

Phone (H) _____ (O) _____ Age _____ Sex _____ Marital Status _____

Business/Occupation _____ Education _____

Parish & City _____

Email address _____ @ _____

Tell us about yourself (Lay reader, Chalice bearer, Sunday School teacher, interests, family, etc.)

Please explain any health problem or other need we should know about (disability, special diet, allergies, etc.)

 smoker non-smoker

Sponsor's Name _____ Phone _____

Sponsor's Address _____

Sponsor's Email _____

Has your sponsor explained the "Fourth Day" program to you and the guidelines for the weekend? Yes NoHas your sponsor explained the "Fourth Day Workshop" to you? Yes No

Your sponsor will introduce you to Cursillo, answer your questions, and share information that will make the weekend more meaningful to you. Cursillo weekends are held at Salvation Army's Camp Walter Johnson, near Denton, NC.

The cost of a Cursillo weekend is \$175. Please enclose payment (\$59.00 deposit or the full amount) with your application. Make checks payable to Episcopal Diocese of North Carolina with Cursillo #102 on the memo line. Refunds may be given if you cancel more than two weeks before the Cursillo weekend. *Have your sponsor mail your signed application and deposit to the address at the top of this form.***PLEASE NOTE:** The Application will not be processed without Episcopal clergy approval, the Sponsor Form, and either full payment or the deposit submitted.

Episcopal Clergy approval _____ Parish _____

Participant's Signature _____ Date _____

Rev6/12

Episcopal Cursillo in the Diocese of North Carolina

www.nccursillo.org
 P.O. Box 221145, Charlotte, NC 28222

SPONSOR'S FORM

This form **must** accompany Participant's application and deposit (\$59.00 or full payment \$175.00) for Cursillo #103

Participant's name _____ applying for Cursillo # _____

Participant's address _____

Participant's email address _____ @ _____

Person to notify in event of emergency: Name _____

Phone # _____

Answer each of the following questions. You have an obligation to your Participant.

Have you reviewed the Sponsor's Guidelines on page 2 of this form, explained the pertaining guidelines to the Participant, and agreed to uphold all the requirements listed? YES NO

Have you explained the weekly Group Reunion and Ultreya to your Participant? YES NO

Are you prepared to support your Participant in the Fourth Day program? YES NO

Are you and your Participant prepared to attend the Fourth Day Workshop? YES NO

Have you explained that the weekend is not a quiet retreat? YES NO

Please describe the Participant. Include comments that will help the lay rector know the Participant better. Include any health problems or restrictions. Explain in detail why you are recommending this Participant, be specific (use back of sheet if needed).

You must submit this form for your Participant to be considered. Your Participant will be notified when accepted for a particular weekend. **Please inform NC Cursillo Lay Rector immediately of any change in your Participant's status.**

Sponsor's name (please print) _____ Signature _____

Sponsor's address _____

Sponsor's phone (home) _____ (office) _____

Sponsor's email address _____ @ _____ date ____ / ____ / ____

Application for Financial Aid

Complete this section only if your Participant needs financial assistance from the Scholarship Fund. Please read the section on financial aid on the back of this form. You, the sponsor, must complete this application for financial aid.

The Participant's deposit of \$59.00 is included. YES NO

The balance of \$ _____ will be paid by (local source of funds) _____

The Participant will need \$ _____ from the Scholarship Fund.

I recommend this Participant for financial aid because _____

North Carolina Episcopal Cursillo Secretariat Calendar 2012

October 6 - Secretariat Meeting — All Saints Episcopal, Greensboro,
10:00 - 3:00

December 1 - Secretariat Meeting, Location — TBD

December 8 - Day of Deeper Understanding — All Saints Episcopal, Greensboro



*The Fourth Day is
a Cursillo Publication*

**Diocese of
North Carolina**

Secretariat meetings are always open and Cursillistas are encouraged to attend.

North Carolina Episcopal Cursillo — Secretariat 2011

LAY DIRECTOR

Calvin Hefner TSSF
5518 Lancelot Drive
Charlotte, NC 28270-0422
c38hef@carolina.rr.com
C: 704-574-0545

ASST. LAY DIRECTOR/ COMMUNICATIONS

Sid Chadwick
P.O. Box 859
Lewisville, NC 27023
sidchadwickcc@gmail.com
O: 336-945-0645

HEAD SPIRITUAL ADVISOR

The Rev. Frederick Clarkson
P.O. Box 577
Cooleemee, NC 27015
H: 336- 284-2368
O: 704-245-5805

SPIRITUAL ADVISOR

The Rev. Deacon Robert Thomas
St. Mark's Episcopal Church
1725 North New Hope Road
Raleigh NC 27604
rwteagle1@aol.com
O: 919-231-6767, H: 919-285-2338

EXECUTIVE SECRETARY

Jan Millar (Ex Officio)
606 Mirawood Trail NE
Concord, NC 28025
jmillar@carolina.rr.com
C: 704-918-8645

INTERNAL COMMUNICATIONS

Steve Hoar
4443 Antique Lane
Raleigh, NC 27616
stephenwhoar@gmail.com
H: 919-876-1752

SUPPLY COORDINATOR/PALANCA

Tom Ham
903 Country Club Drive
Reidsville, NC 27320
tjhamiii@nuvox.net
C: 336-349-7261

TREASURER

Bill Fierke (Ex Officio)
907 Springwell Circle
Cary, NC 27511
wfierke@aol.com
C: 919-349-0634

Feel free to contact us with comments and/or suggestions for future newsletters. If you would like to add a name to this newsletter's mailing list or correct an address, please contact Sid Chadwick.

Sid Chadwick, Editor - www.chadwickconsulting.com, sidchadwickcc@gmail.com, 336-945-0645
Shelly Ferner, Designer - shellyferner33@yahoo.com